



IN THE MIX PROJECT

"Enabling brighter futures for young people and communities"

IMPACT STATEMENT 2022

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This review outlines our wide range of services and projects delivered in 2022. It explains our impact as we fulfil our charitable objectives to be responsive to needs and improve the lives of children, young people, their families, and local communities. ITMP works across the county through vibrant towns, schools and colleges, and isolated rural communities in venues and in outreach and detached settings.

We encourage young people to grow and develop to become the best versions of themselves through youth and community provision focusing on; offering advice, information and support, learning about health and wellbeing, undertaking training and informal education, providing outdoor activities, instilling and encouraging resilience, creativity, developing participation and partnerships.

**The figures used in the review are based on a 12 month period.*

KEY NUMBERS 2022

14 COMMUNITIES SUPPORTED

15 ORGANISATIONAL PARTNERSHIPS

12 WORKSHOPS AND PHSCE SESSIONS HELD

6 EXTERNAL VISITS ORGANISED

4 FUNDING EVENTS ORGANISED

8 REFERRALS MADE TO OUR SERVICES

5 SCHOOLS WORKED WITH

4 HOLIDAY CLUBS RAN

1 DOFE GROUP DELIVERED

2 YOUTH WORKERS THROUGH LEVEL 3 YOUTH WORK TRAINING

415.5 HOURS OF YOUTH AND COMMUNITY WORK PROVIDED

3500 VOLUNTARY HOURS MADE

348 CHILDREN AND YOUNG PEOPLE WORKED WITH

233 MEALS PROVIDED

9 COMMUNITY EVENTS VISITS ORGANISED OR ATTENDED

10 PROJECTS ADMINISTERED

4 VOLUNTEERS RECRUITED

3 SOCIAL ACTION PROJECTS DELIVERED



STATISTICS & OUTCOMES

According to data from our evaluations and feedback forms we've seen a significant increase in ownership, relationships, and development

We provide a safe environment for young people aged 8-25 where their views are taken into account to ensure their continued engagement and participation in planned programmes, positive activities, events and visits. Through the NYA Curriculum Matrix we deliver informal educational activities which combine enjoyment, challenge and learning and guide young people to think for themselves; make healthy choices; improve their health and wellbeing; build life skills and resilience; link with their communities, and have a better understanding of the world around them.

QUOTE. LOGAN 11

“To happy to leave, I would be nothing without this club
Regular group member

QUOTE. ELLIE 14

“I really enjoyed how much there was to do
Happy Healthy Holiday Programme

QUOTE. WILL 14

“Helps you make more friends and become more social
Wiveliscombe and Area Youth Club

75%

INCREASE IN POSITIVE RELATIONSHIPS

71%

INCREASE IN SENSE OF ENJOYMENT

43%

INCREASE SENSE OF FEELING SAFE AND SECURE

47%

INCREASE IN BEING POSITIVELY CHALLENGED AND ACHIEVING



Media Trip to Cardiff - October 2022

Schools Outreach Session EmpowHER girls group project
July 2022 Feb-Sep 22



Outdoor Connections Easter Walk - April 2022

CASE STUDY, DJ 15

DJ is a young carer who lives in Bridgwater. She got involved in our services during our partnership with SASP and SCC for provision of the Happy Healthy Holidays scheme during Easter 2022. DJ accesses free school meals and was entitled to a placement. We supported her with transport to the sessions and engagement in the programme.

DJ's confidence grew during the activities and she built a relationship with youth workers built on trust and respect. DJ really enjoyed our outdoor programme, especially the wellbeing walk. After the Easter programme ended, DJ was invited to take part in our EmpowHER group, specifically for young women and girls aimed at building confidence and skills. As part of this group we supported DJ to attend the sessions with transport, she has developed new friendships and learnt new skills.

ACTIVITIES DELIVERED

During our work we have delivered the following activities with children, young people, families and communities.



AVERAGE SESSIONAL RATING = 4.3

*Young people are asked to rate each youth work session out of 5 at the end as part of our feedback and reflection.



**DofE
alternative programme
November 2022**



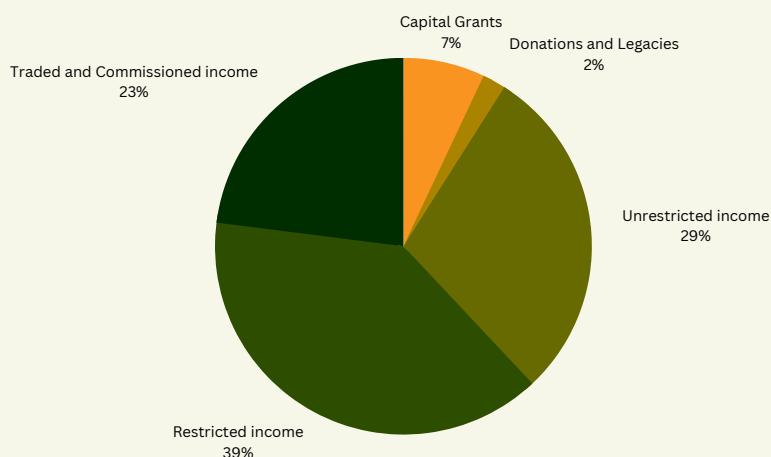
**Outdoor Sports
Summer 2022**



**Wiveliscombe and Area Youth Club session
September 2022**

EST. FINANCES 2022

In The Mix Project is grateful for the support from our funders, partners, businesses, individuals, and communities that enable our charitable work to continue.



CASE STUDY, HENRY 8

When Henry first came to our services he could be anxious and lacked confidence, he took part in some of our holiday provision and built a relationship with staff and other group members.

Youth workers encouraged him to engage more regularly and he has since become a full member engaging in our weekly youth club and holiday activities. Since becoming more involved Henry's confidence has blossomed and he has developed his soft skills around communication and team work. He has developed new friendships and undertaken new experiences he wouldn't have been able to before.



**Christmas Happy Healthy Holidays Session December
2022**